

# WEEKS 13-24

<p><b>WEEK 13</b> <b>@ Hardware Store</b></p> <ul style="list-style-type: none"> <li>Whistle</li> <li>ABC fire extinguisher</li> <li>Pliers</li> <li>Vise grips</li> </ul> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Make a plan to check on a neighbor who might need help in an emergency.</li> </ul>	<p><b>WEEK 14</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>1 - Can of fruit<sup>1</sup></li> <li>1 - Can of meat<sup>1</sup></li> <li>1 - Can of vegetables<sup>1</sup></li> <li>Paper plates</li> <li>Eating utensils</li> <li>Paper cups</li> </ul> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Brace shelves and cabinets.</li> </ul>	<p><b>WEEK 15</b> <b>@ Hardware Store</b></p> <ul style="list-style-type: none"> <li>Extra batteries<sup>2</sup></li> <li>Masking tape</li> <li>Hammer</li> <li>Assorted nails</li> <li>Wood screws</li> <li>"L" brackets to secure furniture to walls.</li> </ul> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Look into joining a neighborhood safety group, if possible.</li> </ul>	<p><b>WEEK 16</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>1 - Can of meat<sup>1</sup></li> <li>1 - Can of vegetables<sup>1</sup></li> <li>Facial tissues</li> <li>Quick energy snacks (raisins, granola bars)<sup>1</sup></li> </ul> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Arrange for a friend or neighbor to help your children if you are away at work</li> </ul>
<p><b>WEEK 17</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>Graham crackers</li> <li>Assorted plastic containers with lids</li> <li>Dry cereals<sup>1</sup></li> <li>Safety pins</li> </ul> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Pack a "Go-Pack," in case you have to evacuate in a hurry.</li> </ul>	<p><b>WEEK 18</b> <b>@ Hardware Store</b></p> <ul style="list-style-type: none"> <li>"Child-Proof" latches on cupboards.</li> <li>Double-side tape or Velcro-style fastener to secure movable objects.</li> </ul> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Have a tornado drill at home.</li> </ul>	<p><b>WEEK 19</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>Heavy-duty garbage bags</li> <li>Quick energy snacks (raisins, granola bars)<sup>1</sup></li> </ul> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Look into your workplace disaster plans.</li> </ul>	<p><b>WEEK 20</b> <b>@ Hardware Store</b></p> <ul style="list-style-type: none"> <li>Camping or utility knife</li> <li>Extra radio batteries<sup>2</sup></li> </ul> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Purchase an emergency escape ladder for 2nd floor bedrooms, if needed.</li> </ul>
<p><b>WEEK 21</b> <b>@ Hardware Store</b></p> <ul style="list-style-type: none"> <li>Heavy work gloves</li> <li>Disposable dust masks</li> <li>Screwdrivers, both styles</li> <li>Plastic safety glasses</li> </ul>	<p><b>WEEK 22</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>Assorted toiletries</li> <li>3 - rolls of paper towels</li> </ul>	<p><b>WEEK 23</b> <b>@ Hardware Store</b></p> <ul style="list-style-type: none"> <li>Battery operated camping lantern with extra batteries<sup>2</sup></li> </ul>	<p><b>WEEK 24</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>Large plastic food bags</li> <li>Plastic wrap</li> <li>Aluminum foil</li> </ul>

# DISASTER SUPPLY KIT CALENDAR



This **Family Disaster Supplies Calendar** is intended to help you prepare for disasters before they happen.

Using this calendar, your family can assemble a disaster supply kit in small steps over a six-month period.

Check off each week as you gather the contents. Supplies may be stored all together in a large plastic storage container or food may be kept on kitchen or pantry shelves.

Remember to rotate your perishable supplies and change water every six months.



For more preparedness information please go to [www.ready.gov](http://www.ready.gov).

Palatine Emergency Management Agency

To get started, check you home for supplies that you already have on hand.

- Decide where you will store your supplies.
- Meet with your family to develop an emergency response plan.
- Explain how to prepare; explain when and how to respond.
- Discuss what to do if you need to evacuate.

- Select foods based on your family’s needs and preferences. Pick low salt, water-packed varieties when possible. Canned meats may include tuna, chicken, ravioli, chili. stew, Spam, corned beef, etc.
- <sup>1</sup>Rotate food and drink products every six months. <sup>2</sup>Replace smoke detector batteries every six months and replace other batteries as needed.

<p><b>WEEK 1</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>• 1 - Gal water<sup>1</sup></li> <li>• 1 - Sml jar peanut butter<sup>1</sup></li> <li>• 1 - Large can juice<sup>1</sup></li> <li>• Hand-operated can opener</li> <li>• Instant coffee, tear, powered soft drinks</li> <li>• 1 - Permanent marking pen</li> </ul> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Make family plan</li> <li>◆ Date each perishable food item using marking pen</li> </ul>	<p><b>WEEK 2</b> <b>@ Hardware Store</b></p> <ul style="list-style-type: none"> <li>• Crescent wrench</li> <li>• Heavy rope</li> <li>• Duct tape</li> <li>• 2 - Flashlights w/ batteries<sup>2</sup></li> <li>• “Bundgee” cords</li> </ul> <p>Also: Purchase a NOAA weather radio for your home.</p> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Check your house for hazards. Secure loose objects that might fly.</li> <li>◆ Locate your gas meter and water shut offs and attach a wrench near them for emergency use</li> </ul>	<p><b>WEEK 3</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>• 1 - Gal water<sup>1</sup></li> <li>• 1 - Can of fruit<sup>1</sup></li> <li>• 1 - Can of meat<sup>1</sup></li> </ul> <p>Also: A leash or carrier for your pet, if needed.</p> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Use a video camera to tape contents of your home for insurance purposes.</li> <li>◆ Store tape with a friend or family member who lives out-of-town.</li> </ul>	<p><b>WEEK 4</b> <b>@ Hardware Store</b></p> <ul style="list-style-type: none"> <li>• Plumber’s tape</li> <li>• Crow bar</li> <li>• Smoke detector w/ battery<sup>2</sup></li> </ul> <p>Also: Extra medications or a prescription bottle marked “Emergency Use” if needed.</p> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Install and test your smoke detector.</li> </ul>	<p><b>WEEK 5</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>• 1 - Gal water<sup>1</sup></li> <li>• 1 - Can of fruit<sup>1</sup></li> <li>• 1 - Can of meat<sup>1</sup></li> <li>• 1 - Can of vegetables<sup>1</sup></li> <li>• 2 - Rolls of toilet paper</li> <li>• extra toothbrush</li> <li>• travel size toothpaste</li> </ul> <p>Also: Special foods for special diet, if needed.</p> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Have a fire drill at home.</li> <li>◆ Take a photo of family (include pets if applicable) and include in your disaster supply kit.</li> </ul>	<p><b>WEEK 6</b> <b>First Aid Supplies</b></p> <ul style="list-style-type: none"> <li>• Aspirin, and/or acetaminophen</li> <li>• Cold packs</li> <li>• Rolls of gauze or bandages</li> <li>• First aid tape</li> <li>• Adhesive bandages or assorted sizes</li> </ul> <p>Also: Extra hearing aid batteries, if needed.<sup>2</sup></p> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Check with your child’s daycare or school to find out about their disaster plans.</li> </ul>
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<p><b>WEEK 7</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>• 1 - Gal water<sup>1</sup></li> <li>• 1 - Can ready-to-eat soup<sup>1</sup></li> <li>• 1 - Can fruit<sup>1</sup></li> <li>• 1 - Can vegetables<sup>1</sup></li> </ul> <p>Also: Extra baby bottles, formula, and diapers, if needed.</p> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Establish an out-of-state contact to call in case of an emergency</li> </ul>	<p><b>WEEK 8</b> <b>First Aid Supplies</b></p> <ul style="list-style-type: none"> <li>• Scissors</li> <li>• Tweezers</li> <li>• Antiseptic Cream</li> <li>• Thermometer</li> <li>• Liquid hand soap</li> <li>• Disposable hand wipes</li> <li>• Sewing kit</li> </ul> <p>Also: Extra eyeglasses, if needed.</p> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Place a pr. of shoes and flashlight under your bed so that they are handy during an emergency.</li> </ul>	<p><b>WEEK 9</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>• 1 - Can ready-to-eat soup<sup>1</sup></li> <li>• Liquid dish soap</li> <li>• Plain liquid bleach</li> <li>• Heavy-duty garage bags</li> </ul> <p>Also: Saline solution and contact lens case, if needed.</p> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Send some of your favorite family photos (or copies) to family members out of state for safe keeping.</li> </ul>	<p><b>WEEK 10</b> <b>@ Hardware Store</b></p> <ul style="list-style-type: none"> <li>• Water-proof portable plastic container (with lid) for important papers.</li> <li>• Portable AM/FM radio with batteries<sup>2</sup>.</li> </ul> <p>Also: Blankets or sleeping bags for each family member.</p> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Digitally scan and archive copies of important papers and store safely.</li> </ul>	<p><b>WEEK 11</b> <b>@ Grocery Store</b></p> <ul style="list-style-type: none"> <li>• 1 - Large can juice<sup>1</sup></li> <li>• Large plastic food bags</li> <li>• 1 - box quick energy bars</li> </ul> <p>Also: Sun screen, if needed.</p> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Show all family members how to shut off gas and water meter valves.</li> </ul>	<p><b>WEEK 12</b> <b>First Aid Supplies</b></p> <ul style="list-style-type: none"> <li>• Anti-diarrhea medicine</li> <li>• Rubbing alcohol</li> <li>• Non-latex exam gloves</li> <li>• Vitamins</li> </ul> <p><b>TO DO:</b></p> <ul style="list-style-type: none"> <li>◆ Take a First Aid / CPR training course.</li> </ul>
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